



TURKISH REPUBLIC OF NORTHERN CYPRUS  
**MINISTRY OF HEALTH**



**In the last 21 days;  
HAVE YOU BEEN TO Guinea, Sierra Leone, Liberia,  
Nigeria or Democratic Republic of Congo** ?



**In one of these countries; have you**

- **been in contact with an infected person or**
- **consumed or been in contact with a wild animal or**
- **had unprotected sexual contact?**

➔ **If your answer is yes to one of the above questions and if you also have high fever; you are at the risk group regarding Ebola disease. Please contact the Infection Team through the Free Contact Line provided by Ministry of Health in order to enable us to help you.**

➔ **If you have been in one of the countries of risk, even if you don't have high fever, you need to measure your body temperature, twice a day, morning and night, for 21 days from your armpit. To be able to help you if you have high fever during the 21 days period, please contact Infection Team through the Free Contact Line provided by Ministry of Health.**

**All forms of medical examinations and treatments will be provided by the Ministry of Health for free.**

- ➔ **EBOLA:**
- **Ebola disease is transmitted through body fluids.**
  - **It has an incubation period between 2 and 21 days.**
  - **The disease is not contagious during the incubation period.**
  - **The symptoms of the disease are 38.5 C and above body temperature, muscle pain, fatigue, headache, sour throat, stomachache, diarrhea, vomiting, bleeding from the eyes, reddening of the eyes.**
  - **When Ebola disease is diagnosed and treatment is commenced at its early stage, possibility of success is higher.**

**Infection Team Contact Line: 0533 8501188 / 0548 8501188**